

Debbie Synder's Junior Anatomy and Health 2018-2019 Class Outline

Note: This is a general outline. Tweaks may happen here and there if necessary for optimal instruction.

September 20th: Overview of general health, introductory slides, decorate folders with names and stickers, exercise etc.

Homework: [Fill out health survey](#)

September 27th: Sugar

Homework: [Fill out sugar survey](#)

October 4th: Fast Foods

Homework: [Fill out fast food survey](#)

October 11th: Soda & Aspartame

Homework: [Fill out soda/aspartame survey](#)

October 18th: Honey

Homework: [Fill out honey survey](#)

October 25th: Essential Oils

Homework: [Fill out essential oils survey](#)

November 1st: Salt

Homework: [Fill out salt survey](#)

November 8th: Spices (1)

Homework: [Fill out spices survey](#)

November 15th: Spices (2) Potato spice tasting test

Homework: [No homework](#)

Thanksgiving

November 29th: Macro (Fats, Proteins, Carbohydrates)

Homework: [Fill out macro nutrient survey](#)

December 6th: Micro Nutrients (Vitamins & Minerals)

Homework: [Fill out micro nutrient survey](#)

Christmas Vacation

Text: My Body by Patricia Carratello

My First Human Body Book by Donald Silver & Patricia Wynne (No need to buy!)

January 3rd: Make body patterns of each child on individual boards, (*Any parent out there want to help for a day?*), Color in Body Pattern #1, general overview of brain, heart, gallbladder, spleen, pancreas, kidneys, & bladder

Homework: [No homework](#)

January 10th: Brain

Homework: [Fill out healthy food for brains survey](#)

January 17th: Heart & Review

Homework: [Fill out healthy food for hearts survey](#)

January 24th: Kidneys & Bladder & Review

Homework: [Fill out healthy food for kidneys and bladders survey](#)

January 31st: Cells & Spleen & Review

Homework: [Fill out healthy food for cells and spleen survey](#)

February 7th: Pancreas (diabetes I & II) & Review

Homework: [Fill out healthy food for pancreas survey](#)

February 14th: (Valentines Day) Gall Bladder & Review, Color Body Pattern #2

Homework: [Fill out healthy food for gall bladders survey](#)

February 21st: Skeleton & Review

Homework: [Fill out healthy food for bones survey](#)

February 28th: Muscles & Review

Homework: [Fill out healthy food for muscles survey](#)

March 7th: Stomach & Review

Homework: [Fill out healthy food for stomachs survey](#)

March 14th: (Valentines Day) Large Intestine & Review

Homework: [Fill out healthy food for large intestines survey](#)

March 21st: Small Intestines & Review

Homework: [Fill out healthy food for small intestines survey](#)

March 28th: Liver & Review

Homework: [Fill out healthy food for livers survey](#)

April 4th: Lungs & Review

Homework: [Fill out healthy food for lungs survey](#)

April 11th: Review Game of everything learned thus far

Homework: [No homework](#)

April 18th: **Easter Vacation**

April 25th: Skin & Review

Homework: [Fill out healthy food for skin survey](#)

May 2nd: Eyes, Ears, Nose, Tongue (Face) & Review

Homework: [Fill out healthy food for eyes, ears, nose, & tongue survey & body check list](#)

May 9th: Sleep & Review

Homework: [Fill out sleep survey](#)

May 16th: Water & Review

Homework: [Fill out water survey](#)

May 23rd: Digestive System & Review

Homework: [Fill out digestive system survey](#)

May 30th: Digestive System & Review **End of Year! No homework!**